

PREGABALIN TITRATON SCHEDULE (in milligrams/mg)

A. SCHEDULE A (age 55 and older; or less than 150 lbs)

DAY	AM	MID-DAY	PM
Day 1-5			50
Day 6-10	50		50
Day 11-15	50		100
Day 16-20	100		100
Day 21-25	100		150
Day 26-30	150		150

B. SCHEDULE B (age 54 and younger; or greater than 150 lbs)

DAY	AM	MID-DAY	PM
Day 1-5			75
Day 6-10	75		75
Day 11-15	75		150
Day 16-20	150		150

C. SIDE EFFECT MONITORING

- a. Monitor for drowsiness, mood changes, suicidal/homicidal thoughts, weight gain, urinary dysfunction, bowel changes, and confusion.
- b. If you develop unpleasant side effects lasting more than 3 days, return to the previous dose regimen where you DID NOT have side effects. Stay at this dose until your follow up.
- c. Continue the titration schedule to the goal of 300 mg/day of Pregabalin.
- d. You may stop titration early at the dose where you no longer have bothersome pain or at a pain level more acceptable for you. Not all patients will require the full schedule for pain relief.