

NORTRIPTYLINE TITRATON SCHEDULE (in milligrams/mg)

A. SCHEDULE A (age 55 and older; or less than 150 lbs)

WEEK	AM	MID-DAY	PM
1			10
2			25
3			50
4			75

B. SCHEDULE B (age 54 and younger; or greater than 150 lbs)

WEEK	AM	MID-DAY	PM
1			25
2			50
3			75
4			100
5			125

C. SCHEDULE SIDE EFFECT MONITORING

- a. Monitor for drowsiness, mood changes, suicidal/homicidal thoughts, weight gain, urinary dysfunction, bowel changes, and confusion.
- b. If you develop unpleasant side effects lasting more than 3 days, return to the previous dose regimen where you DID NOT have side effects. Stay at this dose until your follow up.
- c. Continue the titration schedule to the goal of _____/day of NORTRIPTYLINE.
- d. You may stop titration early at the dose where you no longer have bothersome pain or at a pain level more acceptable for you. Not all patients will require the full schedule for pain relief.