

Dressing/Bandage and Incision Care Instructions

Removing your dressing/bandage

- You may remove your dressing/bandage on the 2nd day after surgery.
- You **do not** have to apply another dressing once the first one is removed; it is up to you if you would like to apply another. If you choose to keep a dressing on it, please wash the incision and change the dressing at least every other day.
- If your incision is draining you will want to keep a dressing on it and call our office.

Caring for your incision

- You may shower the 3rd day after your surgery.
- **Do not** submerge the incision in water (no bathtubs, hot tubs, or swimming pools).
- Let soapy water run over the incision, then rinse, then lightly pat to dry. We recommend using regular Dial soap.
- **Do not** scrub the incision.
- **Do not** apply any creams, ointments, lotions, topical antibiotics, or anything else on the incision.
- If you have staples, they will be removed at your next office visit.
- If you do not have staples, you will have skin glue or tape over your incision. Leave the skin glue or tape alone and **do not** peel it off. It will eventually fall off after 2-3 weeks.

If you have any questions or concerns about your incision, please call us at 901-259-1638.

Michael Neel, MD

Medical Assistant - Julie McOwens
main: 901.641.3000 direct: 901.259.1638