

Mobic (Meloxicam) Information Sheet

You have been given a prescription for Mobic. (generic: Meloxicam) **Mobic is a non-steroidal anti-inflammatory (NSAID) that is prescribed to help reduce your pain associated with inflammation.**

- Please try to avoid taking any other NSAIDs while you are taking Mobic. (i.e., Aleve, Ibuprofen, Advil, Motrin)
- We have given you a prescription for 1 month and 2 additional refills.
 - *Any additional refills will need to be obtained from your PCP or internist. They will need to get blood work so that your liver values can be monitored.*
 - *Mobic/Meloxicam can elevate these values above the acceptable range.*

If you start having acid reflux/GERD/gastrointestinal symptoms:

- Take with a big meal
- Split your dose in half
- Take your dose every other day
- OR you may discontinue taking it and contact us and/or your PCP/internist to discuss your symptoms.

If you have taken the prescribed daily dosage for 1 month, and you cannot tell that it is doing anything for you, call us and we can discuss trying a different anti-inflammatory.

Michael Neel, MD

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