

**Dr. Winfred B. Abrams**  
**Pre-Appointment Information List**

**A. Documents**

- a. Bring a disc of your x-ray/CT scan/MRI if it was NOT ordered or performed by OrthoSouth.
- b. Bring an active medication list (see template below for assistance).
- c. Bring a Workman’s Compensation (WC) form if you were referred by WC.
- d. Bring a Family Medical Leave Act (FMLA) form if you are requesting FMLA with your job. This will be completed if Dr. Abrams is the FIRST person you are seeing for this issue. If you have seen your primary care provider or other for this issue, they should continue to complete this form.
- e. Bring your Short-Term Disability (STB) form with you if you are requesting STB. This will be completed if Dr. Abrams is the FIRST person you are seeing for this issue. If I you seen your primary care provider or other for this issue, they should continue to complete this form.

**B. Active Medication List (pain medication and blood thinners)**

Name	Dose	Frequency	Duration	Condition

**Winfred B. Abrams, MD**  
Medical Assistant - Lisa McCartney  
main: 901.641.3000 direct: 901.259.7603

## C. Information I need to know

Medications you have tried and failed. Please note improvement in pain as minimal (0-25%), mild (26-50%), moderate (51-75%), or significant (>75%).

Name	Dose	Frequency	Duration	Side Effects	Improvement in Pain

## D. Previous Spinal Interventions

Injections or spinal surgeries.

Procedure	Date	Physician Who Performed the Procedure	Location Performed	Improvement in Pain

**Winfred B. Abrams, MD**

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