

OrthoSouth

GABAPENTIN TITRATION SCHEDULE (in milligrams/mg)

A. SCHEDULE A (age 55 and older; or less than 150 lbs)

DAY	AM	MID-DAY	PM
Day 1-5			200
Day 6-10	200		200
Day 11-15	200	200	200
Day 16-20	200	200	400
Day 21-25	400	200	400
Day 26-30	400	400	400
Day 31-35	400	400	600
Day 36-40	600	400	600
Day 41-45	600	600	600

B. SCHEDULE B (age 54 and younger; or greater than 150 lbs)

DAY	AM	MID-DAY	PM
Day 1-3			300
Day 4-6	300		300
Day 7-9	300	300	300
Day 10-12	300	300	600
Day 13-15	600	300	600
Day 16-18	600	600	600

C. SIDE EFFECT MONITORING

- Monitor for drowsiness, mood changes, suicidal/homicidal thoughts, weight gain, urinary dysfunction, bowel changes, and confusion.
- If you develop unpleasant side effects lasting more than 3 days, return to the previous dose regimen where you DID NOT have side effects. Stay at this dose until your follow up.
- Continue the titration schedule to the goal of 1800 mg/day of GABAPENTIN.
- You may stop titration early at the dose where you no longer have bothersome pain or at a pain level more acceptable for you. Not all patients will require the full schedule for pain relief.