

# OrthoSouth

## DULOXETINE TITRATION SCHEDULE (in milligrams/mg)

### A. SCHEDULE A1 (age 55 and older; or less than 150 lbs)

WEEK	AM	MID-DAY	PM
1			20
2			40
3			60

### B. SCHEDULE A2 – BACK AND RADICULAR PAIN

WEEK	AM	MID-DAY	PM
1			20
2	20		20
3	20		40
4	40		40
5	40		60
6	60		60

### C. SCHEDULE B1 (age 54 and younger; or greater than 150 lbs)

WEEK	AM	MID-DAY	PM
1			30
2			60

### D. SCHEDULE B2 – BACK AND RADICULAR PAIN

WEEK	AM	MID-DAY	PM
1			30
2	30		30
3	30		60
4	60		60

### E. SIDE EFFECT MONITORING

- Monitor for drowsiness, mood changes, suicidal/homicidal thoughts, weight gain, urinary dysfunction, bowel changes, and confusion.
- If you develop unpleasant side effects lasting more than 3 days, return to the previous dose regimen where you DID NOT have side effects. Stay at this dose until your follow up.
- Continue the titration schedule to the goal of 60 OR 120 mg/day of DULOXETINE.
- You may stop titration early at the dose where you no longer have bothersome pain or at a pain level more acceptable for you. Not all patients will require the full schedule for pain relief.